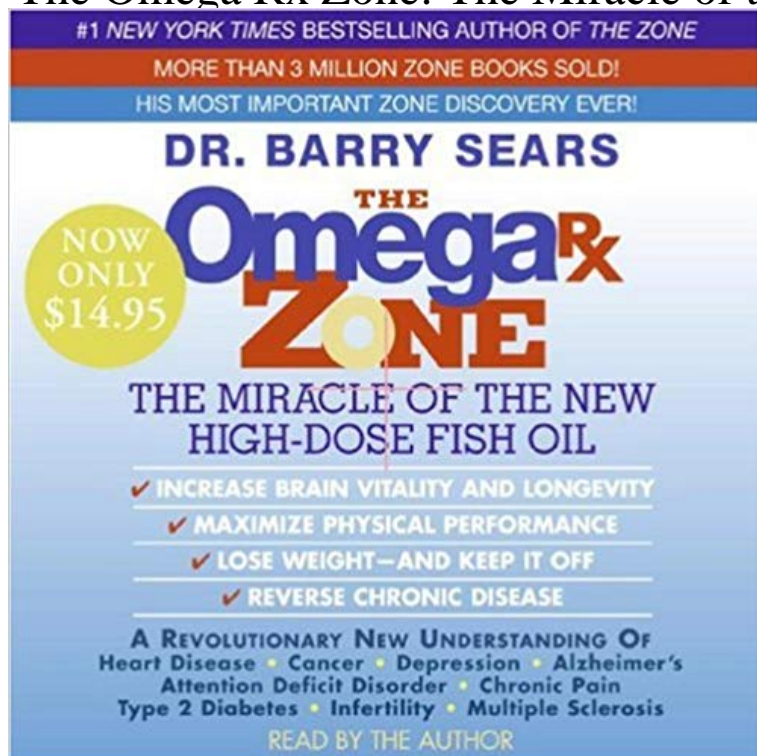


The Omega Rx Zone: The Miracle of the New High-Dose Fish Oil



Dr. Barry Sears revolutionized nutritional thinking with his blockbuster Zone books. His scientifically proven plan has helped millions lose weight, fight disease, and slow the signs of aging. Now, for the first time, Dr. Sears reveals how consuming precise amounts of pharmaceutical-grade fish oils, in combination with the Zone dietary plan, offers you unprecedented health benefits. Conquer obesity and reverse the ravages of many weight-aggravated conditions, including heart disease and Type 2 diabetes. Prevent and treat a host of debilitating diseases, including cancer, stroke, and multiple sclerosis. Boost brain function and ward off myriad mood and mind disorders, from ADD to depression to Alzheimer's disease. Overcome infertility and ease the symptoms of PMS and menopause -- naturally. The Omega Rx Zone offers a groundbreaking plan to help listeners fine-tune their health to reach an entirely new level of the Zone. With his winning blend of groundbreaking science, practical guidance and infectious enthusiasm, Dr. Barry Sears continues the evolution of the Zone to the epitome of total health and vitality for life.

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