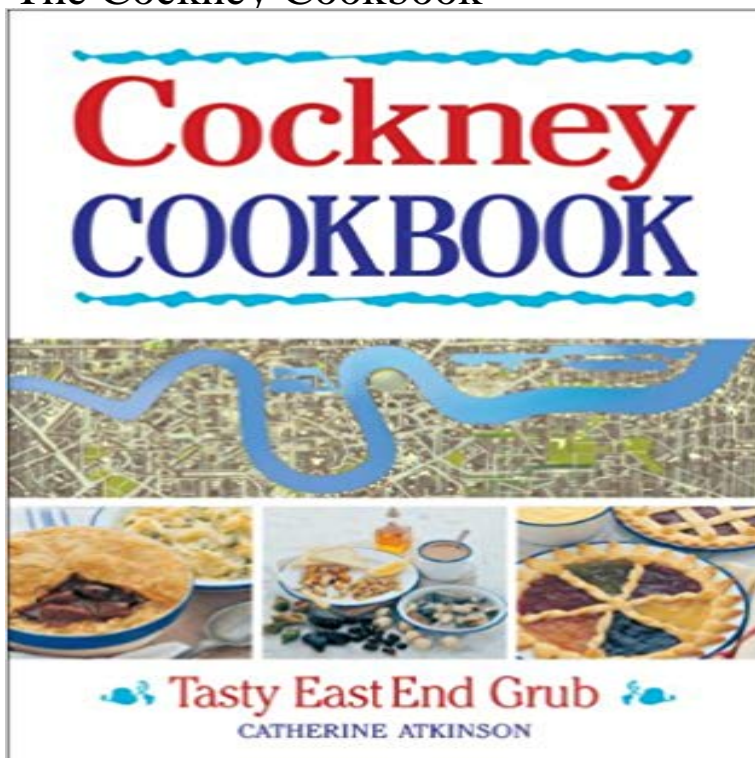


## The Cockney Cookbook



This is nourishing, imaginative and resourceful eating - as bold and lively as the Cockney sparrows themselves. From familiar favourites like Steak and Kidney Pud and Treacle Tart to local dishes like Black Jack (a Jack the Ripper namesake suet pudding rolled up with raisins), there's a real feeling of English comfort food here. Plus the added flavour of immigrant influences as diverse as Jewish Kosher, Indian and Bangladeshi. A great book for cooks looking for new twists on old ideas. A brilliant present for relatives overseas. The perfect take-home souvenir for visitors. It's a taste tradition the world will want to get its teeth into!

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