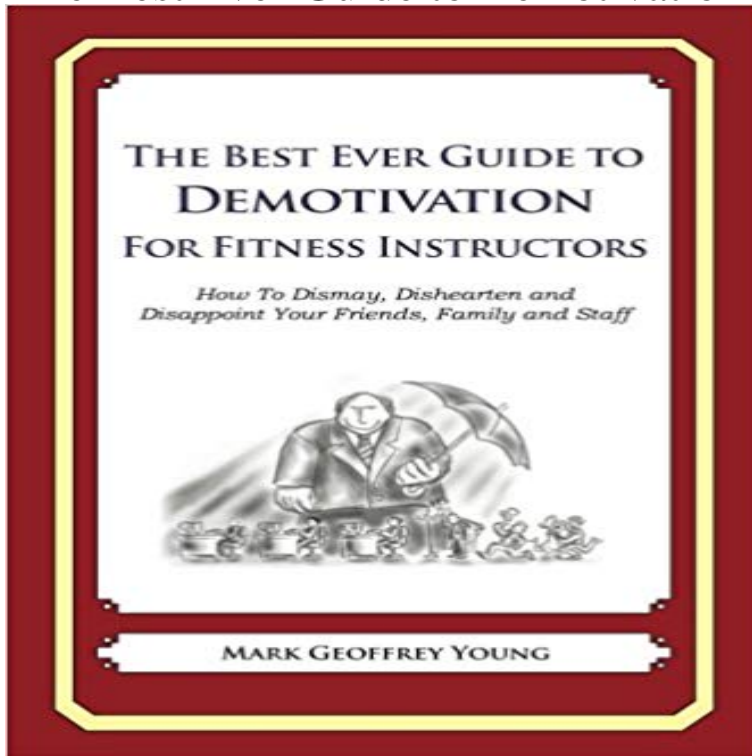


## The Best Ever Guide to Demotivation for Fitness Instructors



If you're looking to gain respect from your employees, increase your income and get more out of your friends, for you, The Best Ever Guide to Demotivation for Fitness Instructors is the book you're looking for. While The Best Ever Guide to Demotivation for Fitness Instructors appears to be a parody of motivational books, many employers have used this book to get their employees to work harder and increase their standing in the community. Rather than showing you ways to motivate your employees so they'll want to work harder, this book shows you how to use fear and intimidation to MAKE them work harder, and ensure that your friends give you the respect you think you deserve. Some of the ways you can use demotivation to get what you want include:\*\*\* Every Fitness Instructor knows that meetings are a complete waste of time. Make yourself more efficient by turning up at every meeting fifteen minutes late, leaving early, and popping in and out while it's in progress. \*\*\* Maintain the distance between yourself, the Fitness Instructor, and your friends by never smiling or saying hello to anybody. While this may appear rude, it's better than having to deal with their problems. \*\*\* Nobody gets a better deal at restaurants than Fitness Instructors. Before dividing up the bill, calculate your share and work out if it's cheaper to split the bill evenly, or for everybody to pay their own share. Do this every time to save the maximum amount possible. \*\*\* Install phones in every bathroom stall and above the urinals so your employees can continue working while they do their business. \*\*\*

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